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Published in the interest of the people of Aberdeen Proving Ground, Maryland

## Post Shorts

Recycling schedule, The recycling

s c h e d u l e pickup for Wednesday, Nov. 19 is plastic, glass and metal. Put items in blue bags and place them on the curb.

#### **Preventing** drinking and driving on APG

The holidays are right around the corner and this means that the APG Army Substance Abuse Program is kicking off its annual Drunk and Drugged Driving (3D) Campaign.

From now until early January there will be weekly articles, prevention information and practical awareness tips to empower the APG community to celebrate safely.

Awareness is the key and prior planning reduces the risk of poor decision-

Look for information in the APG News and be part of the Drunk and Drugged Driving solution. For more information,

410-278-DRUG fellow soldiers. Thanksgiving holiday

refuse pickup

The refuse contractor will pickup Tuesday's Nov. 25 scheduled trash pickup

on Monday, Nov. 24. Refuse pickup on Nov. 27 (Thanksgiving Day) is changed to Tuesday, Nov. 25. The remaining housing refuse will be on regularly scheduled pickup days.

For more information, call Chris Barwick, Directorate of Installation Operations, 410-306-2349.

### Health Fair Nov. 13

The Federal Employees Health Benefits Open Season ends Dec. 8.

A health fair is scheduled for Nov. 13, 9 a.m. to 1 p.m., at the Edgewood Area Recreation Center, building E-4140. Plan representatives will be available to provide new health plan materials and answer questions. Employees are encouraged to attend the health fairs to speak with the carrier representatives and to obtain brochures and information.

AETNA is introducing AETNA HealthFund this year, a consumer driven product that will be available in Maryland.

Comparison guides will not be distributed postwide to administrative offices this year. In the September Benefits

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ISSUE

**HIGHLIGHTS** 

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ATC commander

receives recognition

**Page 6-7** Veterans Day insert

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Chapel offers treats

# **Soldier Show** brings musical **'Legacy'** to APG

Yvonne Johnson

In a tradition established by Irving Berlin and personified by the late Bob Hope, the 2003 Army Soldier Show dazzled the Aberdeen Proving Ground community with three shows during a two-day stop here, Nov. 1 to 2.

The high voltage variety show featured multi-talented soldiers who sang and danced to popular tunes from yesterday and today.

Service members from the U.S. Army Ordnance Center and Schools' 16th and 143rd Ordnance battalions enjoyed rest of the community.

With the theme, 'Legacy,' the show honored Irving I'm Telling You," performed Berlin who first crafted the idea to stage a production that would uplift the spirits of his

"Berlin created the legacy that says for everything done in the past, we will accomplish the same in the future," said Staff Sgt. Chris McPhaul, the show's noncommissioned offi-

Army Entertainment features a brand new show every vear with something for every-

"This year we salute Berlin's legacy singing the songs of yesterday with the beats of today."

The show featured full cast numbers, soloists, trios and

Some of the more popular numbers included the full cast performance of "All That Jazz," and "God Bless Amer-

Songs performed by Sgt. Ryan Murphy, Fort Belvoir, Va., 1st Lt. Demetria Glover, Schofield Barracks, Hawaii, and Spc. Devon Lynch, California Army National Guard, included Daryl the first two performances, and Worley's "Have You Forgotthe third show was open to the ten," and Toby Keith's "Courtesy of the Red, White and Blue." A solo of the song "And by Staff Sgt. Glynis Harris, Fort Belvoir, Va., brought the

> Other numbers included current rap, rock, Latin and R&B hits, including a tribute to Motown that featured songs by Stevie Wonder, the Temptations and The Supremes.

audience to its feet.

The audiences enjoyed each performance, enthusiastically singing along and delivering several standing ovations, par-



The cast of the 2003 Army Soldier Show performs the finale in dress blue uniforms to close the last of three performances at the Aberdeen Proving Ground Post Theater, Nov. 2.

members appeared in dress blues to close the show.

Cast members formed a receiving line outside the theater and members of the audience lined up to thank them for a job well done. Most agreed it was a show to remember.

"It was a great show and my first time seeing one," said Sgt. Murph Stepson, 16th Ord-

Eva Mims, a secretary with the U.S. Army Research, Development and Engineering Command, said she hadn't seen a show since she left Europe eight years ago.

"It's gotten bigger and bet-

ter," Mims said. "It's amazing to see this kind of talent within Also enjoying her first performance was Churon Ring-

gold, a secretary with the APG She said that she and her family "thoroughly enjoyed

See SHOW, page 8



Spc. Mckenzie Quint, front, and Sgt. Ryan Murphy end their duet with a flair during one of three performances of the 2003 Army Soldier Show.

## AER offers free money for college

Army Emergency Relief offers free money for college for eligible applicants through the 'MG James Web site www.aerhq.org through March 1, 2004. eligible. Ursano Scholarship Fund.' The fund, administered by Submit online applications to www.aerhq.org. • Registered in the Defense Eligibility Enrollment to help Army families with the costs of post secondary undergraduate level education, vocational service academies for their dependent children.

Scholarship applications are available by mail from HQ AER through Feb. 20, 2004. Mail applica- applicants must be: tions to Army Emergency Relief, MG James Ursano Scholarship Fund, 200 Stovall Street, Room 5N13, adopted children of Army soldiers on active duty,

Alexandria, VA 22332-0600.

Applications can also be printed from the AER

The scholarship money may be used to assist with training, and preparation for acceptance by military tuition, fees, books, supplies and school room and

board either on or off campus To be eligible for the AER scholarship program,

• Dependent children, stepchildren or legally

retired, or deceased while on active duty or after retirement. Children of Gray Area Retirees are also

AER, was established in 1976 as a secondary mission Supporting documentation must be mailed by the Reporting System, or DEERS. To check status, call

• Unmarried for the entire academic year.

• Under the age of 22 on May 1, 2004 based on the 2004-2005 academic year.

To be considered, the scholarship application must be complete, accurate and contain all required documents and signatures when received according to the See MONEY, page 11

## ABCDF restarts neutralization operations

Jeff Lindblad Chemical Materials Agency

Workers at the Aberdeen Chemical Agent Disposal Facility restarted mustard agent neutralization operations Monday by resuming the draining of the thick, molasses-like liquid from steel containers.

The facility suspended agent operations August 16, following the overheating of a carbon filter drum, and has been in a maintenance "stand-down" status since that time.

The resumption of agent draining marks the first use of a drain station modified during the maintenance

stand-down by the systems contractor, itoring procedures. Bechtel Aberdeen, to include a specially designed "monitoring annex."

tered in decontaminating the steel conthe cleanliness of the containers in the glove boxes." tainers once they were drained of agent past because of challenges with backinside the drain station glove box.

With community and worker safety glove box itself." as the overriding consideration, plant

"Even though a container may be

of container decontamination and mon- in clearing the containers from the

"They are essentially 9-foot extenempty of agent," said Army ABCDF sions to the drain station rooms," con-Since the initiation of agent opera- Site Project Manager Joseph Lovrich, tinued Lovrich, "but separate from tions in April, the destruction of "we must ensure that it is safe to them so that the restart extensions can Edgewood's bulk mustard stockpile remove from the facility and place into be sealed off. This means we can isohas progressed more slowly than esti- temporary storage before final process- late and monitor the cleanliness of the mated because of difficulties encouning. We've had difficulty confirming entire container, separate from the

In a methodical ramp-up, similar to ground contamination from within the procedures followed when the plant first opened in April, agent draining The monitoring annexes, construct—will be done in a single drain station officials, aided by Army and civilian ed for each of the three drain stations, initially, with the remaining two statechnical experts, reviewed all aspects were designed to solve the difficulties tions brought on line over the next

## CFC helps youths toward adulthood

that provides recreational activities and helps children of military, military retirees and civil Aquarium and Science Center. service workers become better adults by learn-

ing a variety of skills.

One family's experience is detailed below. A 14-year old boy was visiting his grandparents for the summer, but both grandparents worked during the day. The grandparents heard about the Child and Youth Services Summer Program and enrolled him. One of the things about this program that appealed to the grandparents was that it allowed the grandson to be out doing things instead of sitting home on the

computer playing video games all day. The grandson was a little shy when he started the program, they said. But the counselors and staff involved him with various activities. A typical week included sports activities such as swimming, basketball, baseball, and soccer: field trips to Amish country in Pennsylvania,

using current software. It also allowed him to The 2003 Combined Federal Campaign see other parts of the United States and observe Guide lists Child and Youth Services different customs and cultures while enjoying (Designation Code 3073) as an organization such diverse activities as rock climbing, weekend campouts, and visiting the Baltimore Zoo,

As the grandson became more involved, his self-esteem grew; he developed friendships with both the counselors and other teenagers. He expanded his sports skills and began to enjoy life as a teenager and to overcome his shyness. The things he learned are still with him

The 2003 Combined Federal Campaign Contributor's Guide for national/international organizations is at Web site http://www.opm.gov/cfc/03-lists/Index.asp. Paper copies of the guide and pledge cards are available from organization key workers or at the CFC office. At Aberdeen Proving Ground, the 2003 CFC contribution period is through November 14. For more information, visit the APG CFC office located in building 120, room Hershey Park; construction projects to develop 114, or call John Belcher, Robert Solyan, or teamwork; and developing computer skills Ronda McKinney at 410-278-0002/0001/0003.

## APG readies for Great American Smokeout

Marcie Birk

Are you a tobacco user? Are you tired of wasting money on cigarettes? Are you worried about what cigbladder. smoke is doing to your children? Are you ready to quit? Then the Great

On Thursday, Nov. 20, thousands of Americans can say "So long, Tobacco Road" and "hello, healthier life" during the nation's biggest freedom-from-tobac-

American Smokeout is for

Each year, more than 400,000 Americans die from cigarette smoking. In fact,

one in every five deaths in the U.S. is related to smoking. Smoking tobacco causes chronic lung disease, heart disease, and stroke, as well as cancer of the lungs, larynx esophagus, mouth, and

> Smokeless tobacco, along with being more addictive than smoking, causes cancer of the gums, mouth, and throat.

These longterm risks o tobacco use are deadly serious. But did you know that tobacco damages your health from the very beginning? For example, the nicotine in

See SMOKE, page 12

# **ACS** celebrates Military Family Month

## 'Playmorning' brings parents, children together

Parenting is only one of many challenges a person can take on. While it can be the greatest joy in life, it can also be the Family Advocacy Program, PACT stressful and tiring, especially to new par- works with individuals and families to

the mix, parenting can be more than over-

During Military Family Month, Army family," she said. Community Service is highlighting the Parents and Children Together, or PACT, visits and various other services. Home building blocks to a tunnel of balls." Program, targeted toward new or first time visits cover a wide range of topics with

from pregnancy through the time their agement child is 6 years old.

PACT is designed to strengthen pardren can thrive.

"The program also seeks to reduce stressors that can increase the risk of child PACT coordinator.

Here at Aberdeen Proving Ground, the said. family bond is stressed.

"I encourage all parents, especially new parents, to contact the PACT coordi-

installation commander.

"As one of the many services within enhance family relationships. PACT's When the military life style is added to focus is on prevention and intervention methods through education to restore and maintain a healthy environment for the

families, from potty training and disci-Services are available to all parents pline to feeding schedules and time man-

One of the services provided by PACT is 'Playmorning,' an interactive playgroup ent's knowledge and skills so they can designed to help parents and children to provide environments in which their chil- develop appropriate play, and to help children improve their social, cognitive, and children.

"It allows moms, dads, and their chilabuse and neglect," said Diana Hayes, dren to come together for a few hours weekly to play in a group setting," Hayes

Activities include story time, crafts, art, music, and fieldtrips.

Playmorning gives children an oppornator to take advantage of all of the pro- tunity to interact with each other, and posters below and visit Web site gram's benefits to families," said Col. brings parents together, combating the www.asymca.org.

"Aidan and I look forward to Playmorning as an opportunity to play together and make new friends," said Melissa Daniels, Playmorning participant. "The common bond of being a military family gives us plenty to chat about as we play with our children. There is so much The PACT coordinator provides home to do, from painting to Playdough<sup>TM</sup>,

> Playmorning is free and meets at the APG Chapel, building 2485, Mondays and Wednesdays, 9:30 to 11 a.m., and at the Edgewood Area Youth Center, Building E-1902, on Thursdays, 10 to

It is available to all families with young

For more information on the PACT Program, call Diana Hayes at 410-278-4372, or visit ACS, building 2754. Military Family Month activities are

listed on page 11. For information on the Armed Services YMCA 2004 art and essay contests, see

During a Playmorning session at the APG Chapel, building 2485, Mary Barrett, wife of Staff Sgt. Brian Barrett, Company C, 16th Ordnance

Battalion, plays with son, Eric. Also pictured is Carden Arias, son of Sgt.

1st Class Carl Arias of Company B, 16th Ordnance Battalion.

THE EAGLE HAS LANDED

AND WANTS TO KNOW



Contest 2004!



SIX elementary school winners from the five armed services win a \$500 US Savings Bond!

Seven second-place winners get \$100 US Savings Bonds

Andrew Amold 1st Grade Air Force-Second Place

Who can enter. Students of military families in the Army, Navy, Marines, Air Force, Coast Guard and National Guard, in kindergarten through sixth grade, are eligible to enter. Department of Defense and Coast Guard civilians' children may enter in an honorary category for a \$100 U.S. Savings Bond. The top military entries will be used on the 2004 Military Family Month poster sponsored by GEICO Direct.

What you should do. Drawings should be of the student's family and in color, on 8.5 by 11 inch paper. Black and white drawings may be entered but are less likely to be selected as top winners. Oversized and threedimensional entries will not be judged. Entries should depict the student's military family. Please do not identify family members on the drawing.

Shuff you should know Write on the back of each entry: your name, grade and age; address, including city, state and zip code; parents' mames, military affiliation (if Reserve, please indicate) and rank; military installation; phone number or email a parent may be reached (please include country code on overseas entries); and if you attend a Defense Department school, school's name. Deadline for entering is January 26, 2004.

Nore 5tuff to Inov. Visit the Armed Services YMCA web site at www.asymca.org, or call 703-313-9600. Email questions may be sent to kspooner@asymca.org. Mail entries to: Armed Services YMCA, Attn: Art Contest, 6359 Walker Lane, Suite 200, Alexandria, VA 22310. Sorry, all artwork becomes the property of the Armed Services YMCA and cannot be returned.



mission and are available at the Armed by e-mail or by postal service.

Official entry forms must be used for sub- 2754. Send all entries to the eagle's nest either

Services YMCA's Web site, www.asymca.org, For more information on the essay contest or at Army Community Services, building visit www.asymca.org.

## ESSAY CONTEST 2004. Military Family Month's essay contest The Armed Services Bond. Services YMCA's Web site.

THE ARMED SERVICES YME

AND LOCKHEED MARTIN PRESENT

Family Month's Essay recalling a memory or mo-Contest 2004. Tell the eagle ment of reading experienced about reading in 300 words with a family member, menfor the little eagles and for tor or friend and why is readthe bigger eagles, keep the ing your favorite thing to do? essay under 500 words. The Official entry forms must

YMCA and Lockheed Some of the eagle's sug- www.asymca.org, or at Army Martin present Military gestions for essays include Community Services, build-Send all entries to the

eagle's nest either by e-mail or by postal service.

For more information on best essays within the eagle's be used for submission and the essay contest, visit flock will win a U.S. Savings are available at the Armed www.asymca.org.



The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5005, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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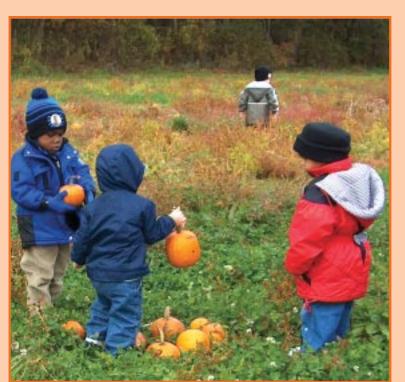
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Deadline for copy is Thursday at noon for the following Thursday's paper.

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Web site	www.apgnews.apg.army.mi

## FAMILY CHILD CARE VISITS FARM



BRANHAM

Photo by PENNY

From left, Jalen Thomas, son of Spc. Ryan and Ebony Thomas; Ryan Bates, son of Kimberly Skrutski; and Kyla Johnson, daughter of Staff Sgt. Garey and Stephanie Johnson, work together to get the best pumpkin during a visit to Lohrs Pumpkin Farm,

The Family Child Care office sponsored a dren were given a taste of the locally profield trip to Lohr's Orchard and Farm in duced apple cider. Churchville, Oct. 22.

"The children had a wonderful time and Children and adults observed the workings were excited about choosing a pumpkin," of a farm during a hayride around the said Maggie Davidson, a certified Family property. Each child was permitted to select Child Care Provider in the Edgewood a small pumpkin from the field and also Area. For more information about Family pick apples from the orchard, and the chil- Child Care, call 410-278-7477/8720/9832.

# **Commander of ATC earns Acquisition Award**



The commander of the U.S. Army Aberdeen Test Center key centers for testing ground received the fiscal year 2003 Secretary of the Army Award important role in supporting for Acquisition Command durthe Army's new Stryker family ing a ceremony Oct. 5 in of vehicles. Crystal City, Va.

The award recognizes "out- working six days a week, in manders who support the tem. acquisition of military sys-

ara, commander of the U.S. Col. Mary Brown received Army Developmental Test the award based on accom- Command, nominated Brown plishments in resource and for the award, citing several manpower management; re- ATC accomplishments in the forms and innovations that award citation. streamline the Army's acquisition program; the complexity is her technical foresight and of the assignment; and signifiher determination that has poscant contributions that support tured ATC to acquire the necthe war fighter and the Army's essary funding for construc-

acquisition program. As commander of ATC, as the Roadway Simulator," Brown manages more than McNamara wrote. "The RWS 60,000 acres of test ranges and is the world's largest, most 73 major test facilities, with an powerful and most sophisticatannual operational budget in ed automotive test simulator,

She oversees operations The RWS will have a signifiinvolving nearly 1,600 mili- cant impact on testing for tary, civilian and contractor years to come in supporting personnel and is responsible the transformation of the Army for developmental testing of to a lighter, more agile, more combat and combat support rapidly deployable fighting systems; ammunition, includ- force." ing small rockets and missiles; McNamara also cited ATC's

Gen. Eric Shinseki. left, the former Army Chief of Staff, shakes hands with Col. Mary Brown, commander U.S. Army Aberdeen Test Center, during a visit to APG. Looking on from left to right are Command Sgt. Maj. Gilbert Canuela, Command

Sgt. Maj. Larry Robinson and Sgt. 1st Class Jack Tressler.

ATC is one of the Army's Reinvention Laboratory on combat vehicles, and plays an APG. mitted ATC to operate in a

Department of Defense

more flexible and efficient and management of test data. - and a comprehensive record the call of duty. of vital information - to key decision makers."

establishment of an Objective force, whose collective exper-Force Office under Brown's tise and abilities to research, command, noting that this manage, develop, test, evaluoffice "will play a pivotal role ate, contract, field and sustain in Army Transformation."

Brown emphasized that the award she accepted was really the materiel they need to fight the result of a hard-working with greater lethality, surviv-

"This is a team award," she said. "I am fortunate to work with dedicated civilians, military and contractor employees. They willingly worked long hours, to include weekends and holidays, in support of Army Transformation, the war

Photo courtesy of effort, and homeland defense, U.S. Army as well as other ongoing tests. It takes many people, with a wide variety of skills, to perform a successful test. ATC's key strength is its people. We have a great team of test and support personnel. I am proud that their efforts were recognized by the acquisition lead-

> Claude Bolton Jr., the Assistant Secretary of the Army for Acquisition, Logistics and Technology, and his military deputy, Lt. Gen. John Caldwell Jr., presented a variety of other awards to people who support the Army's acquisition program.

"These award winners have been selected from an elite "This designation has per- group of nominees," Bolton said during the ceremony. "The challenges and complexmanner," McNamara wrote. ities faced by these awardees "Col. Brown's leadership has in a year characterized by standing contributions and two 10-hour shifts per day, to been paramount in the Ver- change, deployments, unit achievements" by Army com- complete testing on this sys- satile Information System, rotations and high operations Integrated ONline. Nationwide, tempo were truly amazing. It is that represents a leap-ahead a testament to both the Army technology for the acquisition and Acquisition Corps that so many excellent people and This project places all sources teams are nominated and recof data into a system that in ognized each year for remarkreal time provides information able service above and beyond "This year's award winners

> are outstanding representatives McNamara also cited the of the Army acquisition workour war-fighting systems, ensures that our soldiers have ability and sustainability, regardless of where the battlefield or mission takes them." (Editor's note: Excerpted in part from an Army Acquisition Support Center press release.)

THE RESTAURANT AT BULLE ROCK (The Best Kept Secret in Harford County is Always Open To The Public) **Now Booking Holiday Parties** please contact Heather Cheuvront 410-939-8887 www.BulleRock.com Join us through December 23rd for Lunch and Dinner Sunday - Tuesday: 11-7, Wednesday - Thursday: 11-8, Friday - Saturday: 11-9

To assist in the observance of Thanksgiving on Thursday, November 27, we will have the following early deadlines for the **Wednesday**, **November 26 & December 3** editions of **The Aegis** and the Friday, November 28 edition of The Aegis & The Record:

Reservations Recommended

Conveniently located on Rt. 40 East of Aberdeen & West of Havre de Grace

The Aegis, Wednesday, Nov. 26th Edition Business, Real Estate, PPT - Wednesday Nov. 19 • 12 PM

Legals - Friday Nov. 21 • 10 AM The Aegis, Friday, Nov. 28th Edition PPT, Auto MarketPlace - Friday, November 21 • 4 PM

A, Sports - Monday, November 24 • 4 PM Legals - Tuesday, November 25 • 10 AM Classified Display - Tuesday, November 25 • 4 PM Classified Liners - Wednesday, November 26 • 10 AM

The Record Friday, Nov. 28th Edition All Sections - Monday, November 24 • 4 PM Classified Display - Tuesday, November 25 • 4 PM Classified Liners - Wednesday, November 26 • 10 AM

APG News, Nov. 27th Edition

All Sections - Friday, November 21 • 12 PM

Weekenders, Nov. 28th Edition All Sections - Thursday, November 20 • 4 PM Classified Display - Thursday, November 20 • 4 PM

Classified Liners - Friday, November 21 • 10 AM The Aegis, Wednesday, Dec. 3rd Edition

Real Estate - Wednesday Nov. 26 ● 12 PM The Business Office and the Classified Department will be closed Thursday, November 27, 2003.

THE ÆGIS 410-838-4409 • 410-879-9592



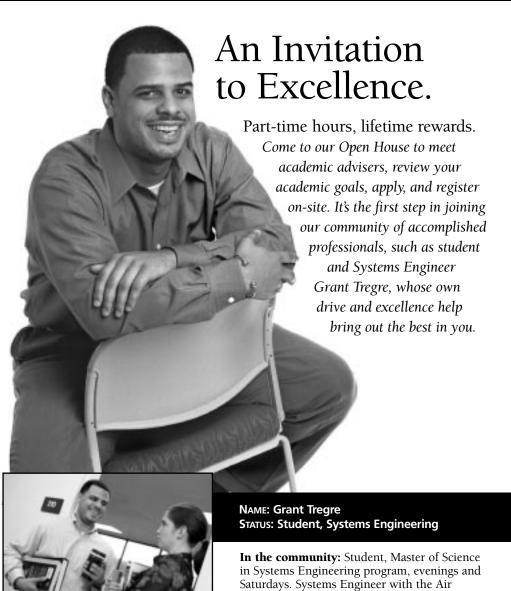
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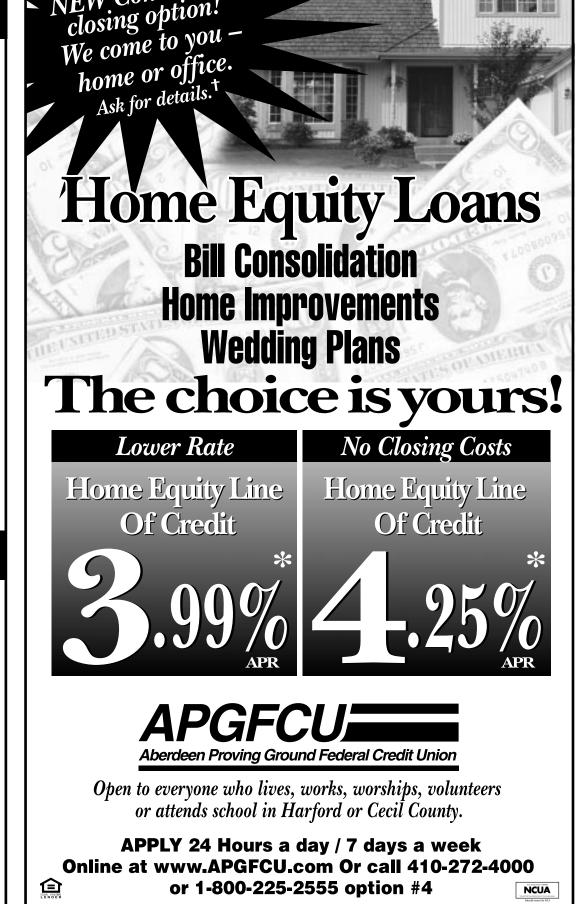
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Defense Systems Department at the Johns Hopkins Applied Physics Laboratory.

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COMING NEXT WEEK: HOLIDAY DRESS-UP EVENT

Most store hours are Mon - Thurs: 9am-9pm ◆ Fri - Sat: 9am-10pm ◆ Sun: 11am-6pm\*\*

**BEL AIR** 

3430 Emmorton Road 1226 Greenspring Drive

Styles shown are for illustration only, and are not meant to portray specific styles in the stores. \*70% saving as compared to original department store prices. Some quantities limited. We reserve the right to limit quantitie

Administration Letter 03-401, the Office of Personnel Management announced that it will not print or distribute any hard copy Benefits Guides. Copies of comparison guides and individual brochures may be obtained from OPM's Web site at www.opm.gov/insure/health. Individual brochures will still be distributed.

From front page

Employees must contact the Army Benefits Center-Civilian (ABC-C) at 1-877-276-9287

www.abc.army.mil. All employee changes will be effective Jan. 11,

Questions may be directed to Teri Wright, CPAC, 4 1 0 - 2 7 8 - 4 3 3 1 ,

#### NAF open season ends tomorrow

Nonappropriated lar full-time and regular parttime employee.

To make an appointment, make changes to benefit elections or for answers to questions, call NAF Personnel, 410-278-5126/8992/8994.

All changes must be

### ness Nov. 14. The Soldier Show

The 2003 United States Army Soldier Show free but tickets are required.

For more information, visit

Service Employment Readiness Program, Freestate trict, will hold a Veterans Senior Center on Gateway ChalleNGe Academy and APG Seminar, Nov. 17, 10 a.m. to 5 Road. Military Transition Office will p.m., at the Bel Air Armory,
The topic will be the Osponsor a Job Fair, 11 a.m. to located on 37 North Main Field Study Area. Board meet-3:30 p.m., Nov. 17, at Top of Street.

### **Post Shorts**

l, or to a servicing personnel

teri.wright@usag.apg.army.mi

**Suited to Succeed** The Army Community Service

Employment Readiness Program will sponsor a Suited to Succeed workshop, 11:30 a.m. to 12:30 p.m., Nov. 13 at ACS, building 2754 Rodman Road. Everything about an employee's appearance, mannerisms and speech patterns makes a statement about whom they are. Learn the secret to projecting a steady, confident image in the workplace or a job interview. The workshop will provide participants the strategies and guidelines to shape the exact image they want to project to

For more information or to register, call Marilyn Howard, ACS Employment Manager, at 410-278-9669.

Funds Open Season ends Nov 14. Department of the Army mailed literature directly to eligible employees' homes explaining the changes and options available to each regu-

processed before close of busi-

## finale Nov. 15

"Legacy" - will be held 7:30 p.m. at the Warner Theatre in Washington, D.C., Nov.15 for one night only. Admission is General admission tickets are available on a first-come, firstserved basis at HQ Army Recreation Services at the Pentagon, Room 3A146, or one of its subsidiary offices at AMC, Hoffman and Skyline; Warner Theatre Box Office and Army Entertainment offices, Fort Belvoir, building

www.armymwr.com.

### **APG Job Fair Nov. 17**

The Army Community

The event is open to APG open to the public. Represen-

active duty personnel and their tatives from the Regional family members, transitioning Department of Veterans military, retirees, DoD civil- Affairs, the VA Maryland ians, contract personnel and Health Care System, TRIothers who work on APG with a CARE, veterans service organizations and National For more information, call Veterans Legal Services will Marilyn Howard, ACS Empresent information to include ployment Readiness Program pension and compensation

at 410-278-9669, Chaplain benefits, reservist benefits,

(Lt. Col.) Ron Martin- long term care and screening,

Minnich, Freestate ChalleNGe CHAMPVA and more.

Orientation for

ed to attend.

newcomers scheduled

to APG will be held at the

More than 55 representa-

For more information, call

Army Community Service,

Military Family Fun

Army Community Service

and Child and Youth Services

will present Military Family

Fun Night, Nov. 21, at EA

Youth Services, building E-

1922. Civilians and their fami-

lies are welcome to participate

and celebrate the military fam-

Families: The Strong and the

Proud." Family activities

include games such as 3-point

showdown, family relay race,

volleyball tournament and

family dance freeze. Crafts

include "The makings of

strong roots" and "Framing a

Recommended footwear is

tion or to register families, call

ACS at 410-278-7474/7572, or

Child and Youth Services at

Gilchrest to host

veterans seminar

410-278-7479.

The theme is "Military

278-2453/7474.

Academy at 410-306-1838, or There will be a Veterans Darrell Young, APG Military History Project and award pre-Transition Office at 410-306sentations at 4:30 p.m.

> For more information, call Angela Jones at 1-877-891-9719 or Kathy Abey at 1-888-

#### The Aberdeen Proving Disposing of leaves, Ground Community Infortree branches mation Forum for newcomers

The Collection Station at Aberdeen Area Recreation building 3558 will be open for Center, building 3326, Nov. disposal of leaves and branches 20, 1 to 3 p.m. All military and through Nov. 24.

civilian personnel, retirees and The station will be open their family members are invit-Nov. 22 specifically for housing occupants to bring their

tives of support agencies/orga-Housing occupants and tennizations will be present to ant activities are reminded that discuss information on their refuse dumpsters are not to be activities. Give-a-ways will be used for yard waste, leaves, available and door prizes limbs and branches.

For more information, call Chris Barwick, Directorate of Godofredo Posadas, Family Installation Operations, 410-Well-Being Program manager, 306-2349.

#### **APG** holds Town Hall meeting Dec. 3

The next quarterly APG Town Hall meeting will be held at the Edgewood Area Conference Center, building E-4810, Dec. 7, 11:30 a.m. to 1

The Town Hall is open to the entire community. For those who are unable to attend, the meeting will be broadcast on APG Cable Channel 3 Briefing slides will be posted on the APG Web site.

Prior to the meeting, Linda Holloway will take questions

linda.Holloway@usag.apg.ar my.mil or call 410-278-4520. During the Town Hall meet-

ing, telephonic questions will be accepted at 410-436-7849.

#### sneakers. For more informa-RAB meeting

The Installation Restoration Program will not hold a Restoration Advisory Board meeting in November due to the Thanksgiving holiday.

The next monthly Restoration Advisory Board meeting Congressman Wayne Gilwill be held on Dec. 4, 7 to chrest, R-Maryland 1st Dis-9:45 p.m., at the Edgewood

ings are open to the public; all The seminar is free and APG employees and citizens

> For more information, call the Information Line at 410-272-8842 or 1-800-APG-9998

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# Community Notes

#### **THURSDAY NOVEMBER 13** VFW MOC/MOCA **LOOKING FOR NEW MEMBERS**

The Military Order of Cooties and its Ladies Auxiliary meet every second Thursday of the month at the Abingdon VFW Post 5337 (and occasionally at other VFW's in the area).

New members interested in helping veterans are wel-

The MOC/MOCA is the Honor Degree of the Veterans of Foreign Wars whose main goal is to support the VA hospitals.

Anyone interested should call Penny Cacoulidis at 410-

#### **APGFCU OFFERS HOME BUYING SEMINAR IN SPANISH**

A free home buying seminar will be offered in Spanish by the Aberdeen Proving **Ground Federal Credit** Union, 7 to 8:30 p.m. at the Community Meeting Room at APGFCU Operations Center in Edgewood, 1321 Pulaski Highway.

To reserve a space, call 410-272-4000 or 1-800-225-2555 ext. 6130 or 2158.

#### **SATURDAY NOVEMBER 15 BASKET BINGO**

Basket Bingo to benefit the USNTC Bainbridge Historical Association, Inc., will be held at VFW Post 8185, Route 222, Port Deposit

Doors open 6 p.m., Bingo starts at 7 p.m.

Tickets cost \$10 for all paper cards, and are available by calling Anne Gibson at 410-378-3338, JoAnne Bierly at 410-378-3320, or Brenda Conjour at 410-273-7332.

#### **SATURDAY AND SUNDAY NOVEMBER 15 AND 16 HOME. BUSINESS AND FAMILY EXPO**

The first Harford LIVE! Home, Business and Family Expo will be held 10 a.m. to 5 p.m., at Ripken Stadium, Aberdeen.

The showcase will bring consumers face-to-face with hundreds of businesses, offering quality products and services to positively impact their lives.

Similar to one-stop shopping, everyone will have an opportunity to visit local product and service providers from in and around the Harford County region all in one location.

Holiday gifts will also be featured, including personnel and corporate gifts from gourmet food, wine, jewelry

Daily admission tickets can be purchased at the door and cost \$6 for adults ages 12 and over and \$3 for children ages three through 11. Children 2 and under are

For more information or for directions, call 410-297-9292.

#### **MONDAY NOVEMBER 17 TOASTMASTERS MEETS AT APG**

The Gunpowder Toastmasters Club 2562 will meet at 11:40 a.m. at the Gunpowder Club at the Edgewood Area of Aberdeen Proving Ground.

The daytime club offers an opportunity for people to improve communication. leadership and listening skills and leadership potential and to overcome the fear of public speaking.

For more information, call

#### Movies

ADMISSION: ADULTS \$3, CHILDREN \$1.50, building 3245 Aberdeen Boulevard. To verify listing, call 410-272-7520.



Barrymore

Friday, Nov. 14 Starring: Ben Stiller, Drew

Alex (Stiller) and Nancy (Barrymore) are a young, vibrant couple in New York City who move into the duplex of their dreams. But their new home comes with one feature they didn't expect, an upstairs rent-controlled tenant, Mrs. Connelly, who isn't quite as easy going or frail as Alex and Nancy originally anticipated. As their blissful life begins to seriously fray around the edges, their dream

### OUT OFTIME (FREE ADMISSION)

start to plot her demise. (Rated PG-13)

Saturday, Nov. 15, 7 p.m.

Starring: Denzel Washington, Eva Mendes Matt Lee Whitlock (Washington), respected chief of police in small Banyan Key, Fla., must solve a vicious double homicide before he himself falls under suspicion. He

has to stay a few steps ahead of his own police force and everyone he's trusted to find out the truth. (Rated PG-13)

home rapidly turns into a nightmare. It's then that they



### **SCHOOL OF ROCK**

Saturday, Nov. 15, 9 p.m. Starring: Jack Black, Mike White

Down and out rock star Dewey Finn (Black) gets fired from his band, and he faces a mountain of debts and depression. He

takes a job as a 4th grade substitute teacher at an uptight private school where his attitude and hijinx have a powerful effect on his students. He also meets Yuki, a 9-year-old guitar prodigy, who could help Dewey win a "battle of the bands" competition, which would solve his financial problems and put him back in the spotlight. (Rated PG-13)

410-941-1120 or 410-734-6573.

#### SATURDAY **NOVEMBER 22 ROYE WILLIAMS ELEMENTARY CRAFT** SHOW

Roye Williams Elementary School will hold a craft show, 9 a.m. to 1 p.m.

Crafters can rent an 8 x 10 space for \$20 or a 4 x 5 space for \$10. Tables are an additional \$10.

For more in formation and an application form, call 410-273-5536.

http:www.apgnews.apg.army.mil updated weekly for a more complete listing

of community notes.

First Baptist Church of Aberdeen

Sunday School Sunday Worship 11:00 a.m. & 6:00 p.m **Discipleship Training** 4:30 p.m. **Vednesday** 7:00 p.m.

> • Youth Ministry Teams • SBC Children's Mission Program (3 yrs. - 6 th grade) Praver Meeting

#### Dr. Gary Johnson, Pastor 219 E. Bel Air Ave. • Aberdeen. MD 21001

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# Army widow recalls life with war hero husband

Yvonne Johnson

One perspective of military life often overlooked is that of the military spouse who also serves and often survives her partner.

Estherlee "Lee" Lloyd is the widow of retired Chief Warrant Officer 3 Joel Lloyd, who weighing only 98 pounds. served in the Edgewood Area's Chemical Corps and retired from the civil service in 1962.

Lloyd was a survivor of the infamous Bataan Death March. He passed away June 15 at the

Mrs. Lloyd spends much of her time living quietly at home, assembling puzzles, her newfound passion, surrounded by memorabilia of was then that Lloyd said her husband's war years and remembering their nearly 56 years together.

Although the couple married in 1947, after his release, Lloyd said that while she was unaware of his past at the time, she came to know and understand the hardships he endured from the mementos maintained by his mother

"He was a gay and cheerful person when we met. You never would have guessed at what he'd been through," Lloyd said.

The couple met in Ohio in 1946 while he was working as an Army recruiter. He was enlisted at the time, a first sergeant, and a successful recruiter who often made the local papers, she said

"He had been in the Army since 1936 so I didn't know very much about his early years and he didn't talk about them very much," Lloyd said.

abuse and mistreatment. and had returned to the states after his release

Perhaps seeking new challenges, her enlisted husband decided to apply for warrant officer school. With the promotion came his first reassignment after their marriage and it she realized what it meant to be an Army wife.

'We were assigned to the Utah General Depot in Ogden," she said. "It was our first big move." Having spent more

than two years in the Navy, she was familiar with the military but found that being a spouse was different."

"I was in awe of the requirements of being an officer's wife," she that's where they were born," Lloyd said.

After making a few friends, she got involved she enjoyed her work in officer's wives clubs with spouses clubs, volunteering for fundraisers the most during her time as a military spouse. and charitable events.

"I did everything. It was worthwhile fun and indeed I did enjoy it," she said.

law that he had been held captive for three and of his career, including three years in France enjoyed her life.

one-half years, had been subject to all kinds of and a tour at the Edgewood Area from which he

The couple had children. three Their youngest, Chuck, was born in Utah and their two oldest, Kathy and Joel Jr., were born Aberdeen Proving Ground.

"They were born in an old converted barracks that served as the hospital," Lloyd said, adding that the building used to sit on the empty field opposite what is now the Post Photo courtesy of LEE LLOYD

She said that aside from raising her children,

"Where ever we went I just pitched in and

She said she learned through her mother-in
The couple made six moves during the rest clubs at one time or another and thoroughly

"I was so happy all the time. I was keeping busy, doing worthwhile things, raising my family and supporting my husband. I didn't have any down time," she said.

Retired Chief Warrant Officer 3 Joel Lloyd was buried at Arlington National Cemetery in July, about six weeks after his death due to a number of services scheduled for service members killed in the war with Iraq. The delay in closure wore on the family and has made them

Lloyd said she is thankful to her children, all of whom reside in Harford County.

"The support of my children has helped me to handle it," she said. "I could not have gotten through it without them."

Today, she remains active in the Military and Civilian Spouses Club. When she is not assembling puzzles, Lloyd often thumbs through a thick scrapbook that is filled with photos and news articles dating back to 1943 detailing her husband's career. One includes a 1946 article drove past that from the Baltimore Evening Sun in which her field I would point husband and seven other former POWs were to it and tell them reunited at Edgewood.

Looking back, Lloyd said she would not have changed one thing about her life.

"I am adjusting and getting better every day," she said. "Sometimes I stop and say 'Why me," then I remember that I'm not alone. Many others are going through the same thing. I'm grate-Lloyd said she held every office within the ful every day for the life we had together."



Photo by YVONNE JOHNSON Lee Lloyd, the widow of retired Chief Warrant Officer 3 Joel Lloyd, a survivor of the Bataan Death march who passed away earlier this year. assembles puzzles to help her adjust to life without her husband.

# Veterans' Corner

The Veteran's Corner is a new information column that will appear monthly in the APG News beginning with this issue. The purpose of the column is to report on subjects, events and issues concerning area veterans, their family members and survivors.

## Cold War Certificates available

Service members, veterans and federal employees who served between Sept. 2, 1945 and Dec. 26, 1991 are still eligible for a Cold War Recognition Certificate, said officials of the U.S. Army

Personnel Command. In fiscal year 1998, the Secretary of Defense approved awarding the certificate to personnel who served during the Cold War. Thus far, about one million people have responded out of the 22 million entitled to receive the certificate, officials said.

An application for the Cold War Recognition Certificate can be (Editor's note: Information provided by PERSCOM Public Affairs.)

found on the Internet at https://coldwar.army.mil.The Web site informs applicants about the correct procedures and the required documenta-

Retired Chief Warrant Officer 3

Joel Lloyd

Applications will only be accepted by fax or mail, officials said. More information on the certificate can be found on PERSCOM's

## Questions and answers for the Cold War Recognition Certificate

CERTIFICATE OF RECOGNITION

JOHN Q. DOE

In recognition of your sension during the period of the Cold War (2 September 1945 - 26 December 1991) in promoting peace and stability for this Nation, the people of this Nation are

RARJE

Congress authorized the Cold War Recognition Certificate in FY 1999. The Department of the Army is responsible for program accordance with section 1084 of the Fiscal Year 1998 National ming and budgeting for all costs beyond FY 1999. Defense Authorization Act. Its purpose is to recognize the outstand- What was the impetus for this program? ing contributions of armed forces and government civilians whose

faithful service contributed to victory in the Cold War. Who is eligible to receive this certificate?

Members of the armed forces and federal government civilian employees who faithfully served the United States during the Cold War era, from Sept. 2, 1945, to Dec 26, 1991. What if someone who is deceased met the requirements?

Their next of kin may request the Cold War Certificate in their name by sending in a request and providing the

appropriate documentation to verify How many people are eligible to receive these

certificates? At this time, it is estimated that 18 to 22 million may be eligible for the cer-

How many people are expected to apply for these certificates?

The exact number of requests is difficult to determine. However, it is anticipated that at least half of the eligible population will request the certificate. How do active duty soldiers apply? Can they apply as a

Active duty soldiers may submit an individual application. However, commanders may submit batch requests. Instructions on this procedure were provided through each service's personnel chan-

How many certificates have been printed? Currently, a single contract has been awarded to print one million

How much will this program cost?

issued. It is estimated that to issue 1.5 million will cost the government approximately \$1.9 million. How is this program being funded?

The cost of the program will depend on the number of certificates

Each military department provided \$0.2 million in FY 1998 and

tion to receive a certificate.

Cold War Web site or by calling customer service at 703-325-5864.

This certificate was developed to recognize those persons who

served faithfully to ensure the Cold War victory. What is the duration of the program? Currently, this is an open-ended program.

Will there be ceremonies to present these certificates?

What organization will be responsible for ensuring the documentation is complete or applica-

> tions and subsequent documentation is married up when they arrive? Software Development Center-Washington is responsible for receiving requests, verifying entitle-

ment and issuing certificates. How long will it take for applicants to receive their certificates? The turnaround time depends on

the volume of requests received. The goal is to respond to the applicant within 30 days. What will happen to authentication documentation?

Verification documents will be

destroyed after certificates are issued. A record of requests will be maintained on a database. What will happen to the list compiled from applicant

submissions? At this time, disposition of information is pending.

What will this certificate do for recipient? Will recipient be eligible for any financial benefits or entitlements? Provide recognition for service during the Cold War era. There are

no financial benefits or entitlements associated with the Cold War

Are there different levels of Cold War Certificates?

Will possessing this certificate provide any government reemployment rights such as the veterans' preference?

**Bataan Death March** 

them, the Philippines. Filipino and the troops to the prison camps. American forces were overrun and last stand in Bataan Peninsuala.

Approximately 70,000 U.S. and

The Bataan Death March occured mally surrendered to Homma, on escape; approximately 54,000 during the early years of World War April 9, 1942. During the surrender reached the camp. On June 6, 1942, II in the Philippines. When the agreement, King told Homma that he Filipino soldiers were granted Japanese attacked Pearl Harbor in had more men than the Japanese amnesty and released, while the December, 1941, they conducted planned for and that they were ill and simultaneous invasions in many undernourished. Homma ignored southeast Asian countries, among these facts, plus King's offer to drive

On April 10, the Bataan Death tens of thousands of troops made a March began at Mariveles. Any troops who fell behind were execut-In March 1942, Japanese Gen, ed. Japanese troops beat soldiers ran-Masaharu Homma began his plans domly, and denied the POWs food for the American and Filipino troops and water for many days. Those who who would become Prisoners of War. fell behind were shot, beheaded, or He planned on moving them to Camp bayonetted. The numbers were fur-O'Donnell, about one hundred miles ther diminished by heat, dehydration, and dysentery.

U.S. Maj. Gen. Edward P. King, for- ished while others were able to American prisoners were moved to another camp at Cababatuan.

After the surrender of the Japanese, Homa, was convicted of war crimes by a U.S. military commission investigating the atrocities of the death march out of Bataan, and O'Donnell and Cabanatuan that followed. He was executed on April 3, 1946 outside Manila.

Every year, the former POWs are honored on Bataan Day, April 9, also known as the Day of Valor which is a These problems persisted at Camp national holiday. There is a shrine in Filipino soldiers, commanded by O'Donnell. About ten thousand per- Bataan commemorating this event.



http://connections.smsd.org/veterans/baraan\_death\_march.htm

### Sample request for Cold War Recognition Certificate John Q. Doe

P.O. Box 000 Pleasantville, Va. 00000 November 13, 2003

CDR, PERS COM Cold War Recognition 200 Stovall Street Alexandria, Va. 22332-0473

Please send me a Cold War Recognition Certificate for my service to the U.S. government during the authorized eriod of September 2, 1945 to December 26, 1991.

Enclosed is a copy of source documents with my Social Security Number/Military Service Number/Foreign Service Number, which verifies my service during the Cold War era. I understand that the enclosed copy of source documents will not be returned.

Please mail my Cold War Recognition Certificate to the following address: John Q. Doe

P.O. Box 000 Pleasantville, Va. 00000

Submission of this request confirms my faithful service to the nation during the Cold War era. If my service was n the armed forces, I further certify that my discharge was honorable or general under honorable conditions. If served as a federal civilian employee, I further certify that the character of my service was honorable.

# WACVA chapter 70 celebrates 20 years

Yvonne Johnson

The Maryland Free State Chapter 70 of the Women's Army Corps Veterans' Associthe lives of women at Perry Sexton said. ation celebrated its 20th Point and the chapter anniversary with a luncheon at will report all the Bayou Restaurant in Havre expendide Grace, Oct. 12.

The event also honored the the auxchapter's founder, retired iliary," Army 1st Sgt. Inez Sexton, Fortier who formed the chapter in said.

"Roni" Chenowith of the Harford membership sur-County Council presented a prised Sexton with a sculpture proclamation signed by of the Pallas Athene, the sym-County Executive James bol of the Women's Army

the council to honor our WAC WAC here to help celebrate your issued in her honor. anniversary and to present this Proclamation."

Veterans of Foreign Wars Adcock. Ladies Auxiliary presented the Medical Center.

Morris presented the check gotten. to Fortier and chapter treasurer

chapter

tures to

Corps, and announced that it "It is always a pleasure for had made a donation to the spent working together at a veterans," Chenowith said, Memorialization Program at World War II. "She was then "and it is my pleasure to be Fort Lee, Va., to have a plaque and still is a dedicated

"Plaque number 12 will be County issued in your name and it will Betty Morris, former they have run out of space," ing World War II, said that national president of the said First Vice President June Sexton has been the heart and

Sexton said she was overchapter with a \$6,000 check whelmed by the show of for the support of women vet- camaraderie and thanked her Because of Inez we all want to erans at the Perry Point family and friends for support- see it continue to do well. women veterans are not for- young blood to carry it on,"

"This makes me feel that all the hours I spent trying to put "I assure you this will be this together and keep it used to make a difference in together were worthwhile,"

The charter members present included Helen Simar, June Adcock, Lou Creighton, Mary Jones and Pearl Pliezniak.

remarked on the importance of the years with Sexton.

"I can remember her coming in from work long after everyone else had gone home," said Adcock of the years they Museum hospital in Germany during woman."

Helen Simar, a former Aberdeen Proving Ground be the last issued for a while as secretary, who also served dursoul of the chapter since its

"I love this chapter.

"Having this chapter has kept me involved in things I would not have been involved in otherwise," Creighton said.

"We don't ever want to forget those who came before us; they were our members and

Maryland Free State Chapter 70 was formed in October 1983 under a temporary charter. At the time, the chapter contained 33 members ranging in age from the early

Today the chapter has more than 50 members, including associate members, members at large and active-duty service members.

The chapter remains dedicated to the interests of Maryland veterans and encourages all women regardless of branch, to visit the chapter to learn more about how they can help fellow veterans. Meetings are held at the Aberdeen Senior Center the first Saturday of each month at

For more information, call Administration ing her efforts to see that Hopefully, we can recruit more Judy Fortier, chapter president at 410-272-4115.



Charter members of the Maryland Free State Chapter 70 Women's Army Corps Veterans Association pose together during a luncheon to celebrate the chapter's 20th anniversary and to honor its founder, Inez Sexton. From left, Lou Creighton, Helen Simar, Mary Jones, Inez Sexton, Pearl Pliezniak and Connie Murphy.

## Honoring veterans through a CFC donation

CFC staff

Veterans Day, Nov. 11, is a time to Association, 202-842-6161, www.seareflect on the sacrifices made by members of the military services to ensure the freedom of all Americans and consider contributing to "Giving Charities a Hand" 2003 Combined Federal Campaign. **CFC** veterans' organizations

2142 - Military Officers Association of America Scholarship Fund, 800-245-8762, www.moaa.org (The Retired Officers Association Scholarship Fund). Provides interest-free loans and grants to children of enlisted and officers for college education. All administrative costs are paid by MOAA, not from donations.

2144 - National Flag Foundation, 800-615-1776, www.americanflags.org. Teaches their families away from hometowns and love and respect for the United States' flag family for the first time. and responsible citizenship to America's children.

bee.org. Provides children and grandchildren of Seabees with financial assistance towards a college diploma to prepare them for a brighter future. 2148 - SEAL - Naval Special Warfare Foundation, 757-363-7490, www.nswfoun-

dation.org. Promotes welfare of Navy (SEALs/SWCC) personnel, provides academic scholarships, specialty family counseling, and educational programs that perpetuate history and heritage of American naval commandos. 2149 - Armed Services YMCA of the

Operates a nationwide network of services for young military men and women and 2150 - Naval Historical Foundation,

2147 - Seabee Memorial Scholarship Preserves naval history by collecting artifacts, manuscripts and veterans' oral histories. Teaches naval history to the public with speakers, publications and sympo-

> The 2003 Combined Federal Campaign Contributor's Guide for national/international organizations is at Web site http://www.opm.gov/cfc/03-lists/Index.asp.

> Paper copies of the guide and pledge cards are be available from each organization key worker or at the CFC office.

At Aberdeen Proving Ground, the 2003 USA, 800-597-1260, www.asymca.org. CFC contribution period ends Nov. 19. For more information, visit the APG CFC office at building 120, room 114, or call John Belcher, Robert Solyan, or Ronda McKinney at 410-278-0002/0001/0003 202-678-4333, www.navyhistory.org. respectively.

### **Korean War veteran recognized for services**

the Korean War veteran series, completed Oct. 30, 2003. Commemoration period. Astor volunteered his editing and information gath-

The APG News extends sincere thanks to Army ering skills, which enhanced the series commemorating retired Lt. Col. Raymond J. Astor for his assistance in the 50th Anniversary of the Korean War

His services were greatly appreciated.

## Morale, Welfare, and Recreation

## **Activities**

Earlene Allen at 410-278-3854 or e-mail

earlene.allen@usag.apg.army.mil.

**Discount movie tickets** 

#### **Methods of registration**

Registering for any MWR event can be accomplished by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting the MWR Registration, building 3326, or online at www.apgmwr.com.

#### **Foxwoods Casino Weekend**

Try your luck at the Foxwoods Casinos with this great weekend getaway Dec. 14 through 16. Stay in a deluxe room for two

Trip includes a \$10 food credit or a full festival buffet, \$5 food credit or a full breakfast buffet, \$20 match play coupons, Museum and Recreation Center, two for tion@usag.apg.army.mil. one Cinetropholis ticket, complimentary souvenir, optional trip to Mohegan Sun Casino with additional \$10 match play

MWR Registration is now offering movie tickets at a discount price to any Regal Cinema in the United States for only \$7.75 (adults only). The offer is good for any movie. in the casino.

For more information or to purchase your movie tickets, call MWR Registration/ITR at 410-278-4907 or e-\$5 pull tab, \$2 Mashantucket Pequot mail the office at mwr\_registra-

### **Gingerbread House Creations**

Start a new family tradition this year by coupon and free buffet lunch. Cost per being a part of a holiday celebration by

person is \$312, single; \$179, double; or creating and constructing a gingerbread \$168 for a triple. Register by Nov. 20. house with your child Dec. 6 at the AA Pick up and drop off points will be Recreation Center, 9:30 a.m. to 12:30 determined based on the number of regisp.m. There will be music, stories and trations. For more information, call crafts,

Cost is \$18 for the first child and \$5 for each additional child. For more information, call Stacie Umbarger at 410-278e-mail

#### stacie.umbarger@usag.apg.army.mil.

#### Magical Mervyn J. Mugwamp puts on a show

See the magical Mervyn J. Mugwamp Nov. 15, 3 to 4:30 p.m. at the Aberdeen Area Recreation Center for an afternoon of conjuring and comedy for the whole family. The show has something for everyone. Cost is \$5. Register by Nov. 13. For more information, call Charles Heinsohn at 410-278-3868 or e-mail him at charles.heinsohn@usag.apg.army.mil.

## or Incredible Hulk bowling ball that

balls are on display at the Bowling

glows under a blacklight. The bowling

**Bowl for Turkeys -** Bowling for turkeys will be held Nov. 22 at 2 p.m. in the APG Bowling Center. Cost is \$15 per two-person team. Members on the top three teams will receive turkeys. Other prizes will be given out. Lunch and shoes are included in the price. Register by Nov. 14. For more information, call Donna Coyne at 410-278-3929 or e-mail her at

### LIBRARY BOOK CORNER

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., and Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m. The Edgewood Area library is open Tuesday, 11:30 a.m. to 6:30 p.m. For information, call 410-436-3589.

The following is a list of some of the new books at the

Thank You Uncle Sam: letters of a World War II Army Nurse from North Africa and Italy by Eugenia

Into the Tiger's Jaw: America's first Black Marine aviator: the autobiography of Lt. Gen. Frank E.

The Greatest Generation Speaks: letters and reflections by Tom Brokaw

The Men of Company K: the autobiography of a World War II Rifle **Company** by Harold P. Leinbaugh and



memoir by the first woman promoted to three-star General in the United States Army by Lt. Gen. Claudia J. Kennedy

Lonely Girls with Burning Eyes: a wife recalls her husband's journey **home from Vietnam** by Marian Faye Novak

Faith of my Fathers: a family memoir by John McCain

Flight of the Avenger: George Bush at

The library's online catalog can be accessed at www.apgmwr.com/recreation/libraries.html.

Storytime will be held at 9:45 a.m. every other week during the fall at the Edgewood branch on Tuesday and the Aberdeen branch on Wednesday. For more information, call 410-278-3417.

## **Bowling Center specials**

"Ten Pin & Win Card" - During the month of November, pick up a 'Ten Pin and Win Card' at the Bowling Center. For every game bowled, the card will be stamped. Collect 10 stamps to win a free meal from the snack bar consisting of a cheeseburger, French fries and 16-ounce

Red Pin Special, week of Nov. 12 **through 14 -** Get a strike on the red head pin and receive a free game of bowling. Good Monday through Friday only, 5 p.m. to closing.

"Bowl All You Can Bowl" - Bowl Sunday through Friday for \$10 per lane per hour and Cosmic Saturdays for \$17

**Education Week** 

Tressie D. Stout

physically unfit.

Education Center.

whether leisure or with family.

Army celebrates American

Education Association and the American Legion met for the first

time in 1919 to discuss the distressing fact that 25 percent of the

country's World War I draftees were illiterate and 9 percent were

The Army Continuing Education System, or ACES, offers a

variety of programs to assist soldiers in obtaining their college

degree, GED, certification or licensure. These programs take into

consideration soldiers' busy careers and their personal time,

No longer tied to the traditional classroom type of education,

soldiers can now earn their degree through a variety of distance

learning programs sponsored through their local Army

building 3145, 410-278-2380/3515 or the Edgewood Area in

building E-4410, 410-436-2166, for more information on ACES

programs and services. The office operates under the RDO

Stop by or call the Aberdeen Area Education Center located in

per lane per hour. Shoes are included. Turkey Shoot from Nov. 17 through 21 - Bowler must hit head pin to score. Whatever gets knocked down, counts as the score for that frame. If the head pin is left standing, the score for that frame is zero. One out of 10 entries will win a turkey for Thanksgiving. Scores will be posted at the Bowling

entries allowed). Spiderman/Incredible Hulk

Center. Cost is \$2 per entry (multiple

**Bowling Club** - Sign up to bowl for 17 weeks for \$10 per week. At the end of the 17 weeks, receive either a Spiderman

## donna.coyne@usag.apg.army.mil. **APG** closing announcements

If the installation is closed, is experiencing a delay in opening or if liberal leave is in effect Army educators join educators from across the country to cellue to weather or other emergency situations, check for postings on the local television and radio ebrate American Education Week, Nov. 16 through 22, when the tations (listed below), WAPG-TV Channel 3 (on Aberdeen Proving Ground), or call 410-278-Army again focuses on strengthening its resolve to educate SNOW (7669). A recorded telephone message will contain updated information and should America's soldier students to meet the challenges of leadership

Announcements about federal offices in the greater Baltimore metropolitan area do not apply This year's theme "Army Education for Every Soldier - the APG; listen for those that name APG specifically. Army's Promise", underscores the philosophy that started AEW. For general information, call 410-278-1147, the APG Public Affairs Office. The concept of AEW began when representatives of the National

The radio and television stations are:

Station	Frequency	Location
WAMD	AM 970	Aberdeen
WXCY	FM 103.7	Havre de Grace
WBAL	AM 1090	Baltimore
WIYY	FM 97.9	Baltimore
WPOC	FM 93.1	Baltimore
WDEL	AM 1150	Wilmington, Del.
WSTW	FM 93.7	Wilmington, Del.
WSBA	AM 910	York, Pa.
WARM	FM 103.3	York, Pa.
WROZ	FM 101.3	Lancaster, Pa.
WBAL-TV	Channel 11	Baltimore
WMAR-TV	Channel 2	Baltimore
WBFF-TV	Channel 45	Baltimore
WJZ-TV	Channel 13	Baltimore

## **Arts & Crafts**

building E-4440. See registration instructions above. **Ceramics** 

This basic ceramics class teaches the fundamentals of mold pouring, glazing and painting. Classes will be conducted Dec. 13 and Jan. 10, 10 a.m. to 1 p.m. The \$15 fee includes supplies.

The \$25 fee includes supplies.

The woodshop orientation is a safety course, required in order to use the woodshop. Class will be held Dec. 6, and



From left, Spcs. McKenzie Quint, Rechell Sears, and Devon Lynch form an operatic trio. The three hail from Fort Huachuca, Ariz., Youngsan, Korea, and the California Army National Guard,



"What a great family experience," Ringgold said. "We will definitely be back for

2004 Audition information The deadline for submis- the service member's rank, must submit a video cassette stage management.

Nominations must include sions for the 2004 Army social security number, unit (1/2 inch VHS) or DVD show-

by Nov. 15.

reach the selection committee or officer record brief, and Technicians must cite their Belvoir, Va., 22060.

areas of specialty. In addition, performers

experience in sound, lighting, construction, carpentry and

Soldier Show is Dec. 31. address, duty phone, e-mail ing musical styles, voice range to US Army Soldier Show, Hurtado

For additional information, http://www.armyentertain-Nominations must be sent **ment.net**, or call Victor Nominations for performers address, a Department of the and special talents with Attn: 2004 Selection 2251/DSN 655-2251, or eand technical positions must Army photo, a copy of enlisted emphasis on musical variety. Committee, PO Box 439, Fort mail him victor.hurtado@cfsc.army.mil.

Classes will be conducted in the Edgewood Arts & Crafts

**Stained Glass** 

This beginning class will teach students how to make a simple sun catcher using the copper foil method. Classes will be conducted Nov. 15. Dec, 20, and Jan. 17, 9 a.m. to 2 p.m.

**Woodshop orientation** 

Jan. 3, 9:30 to 10:30 a.m. Class costs \$5.



Spc. Clifton Falcon Hall, from Fort Irwin, Calif., performs a Native American ring dance. Hall has performed on the CBS Morning Show and at the Native American Grammy Awards.

November 13, 2003 • APG News 11

# Helping to make APG drug free

Michelle Walker-Alexander

The Army Substance Abuse Program partnered with Aberdeen Proving Ground ence. Child and Youth Services at the semiing the military's resolve to avoid both illegal drug use and the illegal use of legal

To bring the red ribbon campaign message to the APG community several events were held in conjunction with the fest highlighting the effects of drug and alcohol usage and aiming to get pledges from the community youth to be drug

The tying of a red ribbon on the newest vehicle to the Aberdeen Proving Ground to focus. It has effects like .08 blood alcopolice car fleet presented a poignant sym- hol level, that is the legal limit in bol of the community's commitment to Maryland," Scott said. safety and law enforcement.

Col. Mardi U. Mark, APG Garrison prised, shocked and at times dismayed Crime Dog tied a red ribbon on the police simple driving pattern. car officially kicking off the Red Ribbon Week observance.

and the community." Mark said. A child's toy was then used to teach a life lesson about driving under the influ-

Cindy Scott, ASAP prevention coordiannual Family Fun Fest, Oct. 25 promot-nator, with the assistance of local airmen, ing the Red Ribbon Campaign and show- created a demonstration of the potentially fatal effects of driving while under the influence of drugs and/or alcohol. The purpose of the demonstration was to alert people to the hazards of driving while

> Using remote controlled cars, participants were instructed to drive in the 10 foot designated lanes. After mastering the a testament to their interest. task, participants were further challenged when they donned impaired goggles.

"The goggles impair the drivers ability Children and adults alike were sur-

and deputy commander, and McGruff the with their results through the seemingly

O'Neal Bogules, one of the first children to take a turn at the wheel, laughed as and perils of substance abuse and promis-"This is an important event for families his car crossed the boundaries into the es of staying drug-free.

For the adults, the effects were more

Airman Dustin Rider, a student at Air Force Detachment 1, U.S. Army Ordnance Center and Schools, reported that he was "glad to help Mrs. Scott set up the demonstration," but he could only shake his head as he attempted to negotiate the remote controlled car through the zigzag path.

Dozens would make their way through the obstacle course, the long waiting lines

In addition to the driving demonstration, there was an information table that included drug education information for children and adults.

ASAP also hosted a youth dance at the Aberdeen Youth Services with DJ Bugg spinning. The dance, geared for youths between the ages of 6 and 17, closed out an afternoon of information and fun educating young people aware of the hazards

Photo by CINDY

O'Neal Bogules takes his turn at maneuvering the remote controlled car while wearing the impaired goggles.





Photos by CINDY SCOTT Col. Mardi U. Mark, APG Garrison and deputy installation commander, and McGruff the Crime Dog join forces at the Child and Youth Services Family Fun Fest, Oct. 25, to "Tie one on for safety," the Mothers Against Drunk Drivers slogan, reminding everyone not to drink and drive.

## **Preventing drinking and driving on APG**



around the corner and this munity to celebrate safely. means that the APG Army Substance Abuse Program is prior planning reduces the risk kicking off its annual Drunk of poor decision-making. and Drugged Driving (3D) Campaign.

From now until early January there will be weekly solution. articles, prevention informa-

sonnel and others who

Marilyn Howard, ACS

**WE WILL SURVIVE** 

The Victim Advocacy

Program will present the

class in the Edgewood Area

ACS building 4630, 6:30 to

8 p.m. The session will be

and includes topics such as

devoted to relationships

effective communication,

tionship building tech-

**GETTING TO KNOW** 

**ADHD LUNCHTIME** 

Class will be held in build-

p.m. For more information,

call Reeshemah Bugg, 410-

ing 2754, 11:30 a.m. to 1

**SESSION** 

conflict resolution and rela-

niques. For more informa-

tion, call Sandy Hernandez-

**CLASS** 

The holidays are right tips to empower the APG com-Awareness is the key, and

> Look for information in the APG News and be part of the Drunk and Drugged Driving

For more information, call tion and practical awareness 410-278-DRUG (3784).



## **Military Family Month activities**

### **THURSDAY**

#### **NOVEMBER 13 FAMILY MOVIE NIGHT**

Everyone is invited to Family Movie Night, 6 to 8 p.m., at the PostTheater, building 3245. A ticket will admit the holder to a free showing of Disney's "Finding Nemo," plus free popcorn and drinks.

Tickets can be picked up at the Edgewood Area ACS building E-4630, Tuesday and Thursday, 10 a.m. to 2 p.m., or call 410-436-3362; or in the Aberdeen Area ACS building 2754, Monday through Friday, 8 a.m. to 5 p.m. or call Cheryl Harris, 410-278-7474.

#### **MONDAY NOVEMBER 17**

**APG JOB FAIR** 

The Army Community Service Employment Readiness Program, Freestate ChalleNGe Academy and APG Military Transition Office will sponsor a Job Fair, 11 a.m. to 3:30 p.m., at Top of the Bay.

The event is open to APG active duty personnel and their family members, transitioning military, retirees,

DoD civilians, contract per-

#### **THURSDAY** work on APG with a valid ID. **NOVEMBER 20** For more information, call **COMMUNITY INFORMATION FORUM**

**Employment Readiness** Program at 410-278-9669, Forum will be conducted at Chaplain (Lt. Col.) Ron the AA Recreation Center, Martin-Minnich, Freestate building 3326, 1 p.m. to 3 ChalleNGe Academy at 410p.m. For more information, 306-1838, or Darrell Young, call Fred Posadas, 410-278-2453. APG Military Transition Office at 410-306-2354.

#### **FRIDAY TUESDAY NOVEMBER 21 MILITARY FAMILY FUN NOVEMBER 18**

**NIGHT** This event will be a night of games, crafts and fun for the entire family.

Military Family Fun Night will be held Nov. 7, at the AA Youth Service Center, building 2522, 7 p.m. to 9 p.m. and Nov. 21 at the EA Youth Service Center, building E-1902, 7 p.m. to 9 p.m. For more information, call ACS 410-278-7572.

#### McCullough, 410-278-2435. **WEDNESDAY NOVEMBER 19 DECEMBER 3,10 AND 17**

**TEEN CHAT** This program will be a sixweek rap session for teens,

topics of discussion will include but are not limited to; peer pressure, values, anger management, family moves and parents deploying. All members and nonmembers of Youth Services are invited to participate.

Classes will be held at the AA Youth Service Center, building 2522. For more information, call Donna Mele, 410-278-2464.

#### **TELEPHONE** ETIQUETTE CLASS

Class will be held in building 2754, 9:30 a.m. to 11:30 a.m. For more information, call Marilyn Howard, 410-278-9669.

#### **THURSDAY DECEMBER 4 WE WILL SURVIVE CLASS**

The Victim Advocacy Program will present the class in the Aberdeen Area ACS building 2754, 6:30 to 8 p.m. The session will be devoted to relationships and includes topics such as effective communication, conflict resolution and relationship building techniques. For more information, call Sandy Hernandez-McCullough, 410-278-2435.

## chemically with the carbon

From front page

In addition to the work on the drain stations, ABCDF engineers and technicians have made a number of modifications to the neutralization processing equipment itself to improve its overall efficiency

dent where caustic used to

flush processing lines reacted

filter material. Mustard agent disposal

operations at the ABCDF, located in the Edgewood Area of Aberdeen Proving Ground, have successfully neutralized and destroyed more than 55 tons of agent since April. Ninety-four truckloads of the neutralization byproduct, called hydrolysate, have been and prevent a recurrence of safely shipped to DuPont the carbon filter drum inci- Secure Environmental Treatment in Deepwater, NJ

for biotreatment.

## Money

From front page Scholarship guideline

• Applicants must be enrolled, accepted, or pending acceptance as full time dependent students for the entire AY in post-secondary institutions accredited by the U.S. Department of Education.

• Scholarship applicants must maintain a cumulative Scholarship Fund, 703-428grade point average of at least 2.0 on a 4.0 grading scale for funds to be awarded or dis-

Awards are primarily

bursed.

based on financial need, as evidenced by income, family size, special financial obligations and circumstances.

The postmark deadline for completed applications and supporting documentation is March 1, 2004.

For more information, call AER MG James Ursano http://www.aerhq.org/education d ependentchildren\_mgjames.asp.

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# Safety and Health

## **DEERS up-to-date?**

Sierra Military Health Services

Major life changes require notification to the Defense Enrollment Eligibility Reporting System, or DEERS. It is the sponsor's responsibility to notify DEERS whether to add anoth-

Some of the changes requiring notification include marriage, birth of a child, divorce, new home address or a new telephone

The addition of a new child requires their personal Social Security Number be entered into DEERS. There are increasing cases of children who were temporarily added under their sponsor's SSN who were never updated when they received their own SSN. Those children are not experiencing problems with their DEERS eligibility for Direct Care (at an MTF) until the child's SSN is provided.

DEERS must also be notified when members become ineligible. For example when a child gets married; or a son, though still living at home, reaches the age of 21 or the age of 23 if a fulltime college student.

All changes other than address changes must be made in person at the local military installation's personnel office.

Address changes may be made via the Internet at http://www.addrinfo@osd.pentagon.mil or call 1-800-538-9552.

## Wahl Clipper Corp. announces recall of curling irons

In cooperation with the U.S. Consumer Product Safety Commission, Wahl Clipper Corp. of Sterling, Ill., announces the recall of 6,000 "Duet 2 in 1 Hair Styler with 1 1/2 inch barrel" curling irons.

The electrical insulation in the curling irons may break down, resulting in a possible electric shock and injury to the

Wahl Clipper Corp. has not received any reports of electric shock or injury related to this product or defect.

The recalled curling iron package reads "Duet 2 in 1 Hair Styler with 1 1/2 inch barrel." Two model numbers are involved: 5266-500 (sold in a plastic package) and 5266-500B (sold in a box). The curling irons have a gold and silver handle with gold barrel and silver clamp. The words "Wahl" and "Duet" are on the handle of the curling iron. The product was made in China.

Wahl Clipper Corp. sold the curling iron for about \$20 to \$22 in discount stores, drug stores, and online, from May 2003 until September 2003.

Consumers should stop using these curling irons immediately return them to the place of purchase for an exchange or refund. Consumers may contact Wahl Clipper Corp. toll-free at 1-800-334-4627 between 7:30 a.m. and 4:30 p.m. CT Monday through Friday to get details on how to return the product for a free replacement.

To view more information of the recalled product, visit Web site www.cpsc.gov/cpscpub/prerel/prhtml04/04015.html.



pick up cigarette butts in and

around your yard. Ask your friends and family NOT to smoke in your house, in your car, or around you for at least

Step Three: Avoid situa-

tions that lead to tobacco use.

Think about those times that

vou use tobacco. Is it during

break time at work? While dri-

ving? When talking on the

phone? At a restaurant? Avoid

those places or situations for a

few months. Of course, there

are some places you can't

avoid, such as driving your car.

In those situations, substitute a

new, enjoyable behavior for

smoking. For example, instead

of lighting up when driving,

have a lollipop. When talking

on the phone, keep your hands

busy by doodling on a piece of

paper. During break time, take

a walk around the building,

bring in a favorite magazine to

yourself. Enjoy your meals.

Sharper taste and smell will be

early noticeable benefits of

your freedom from tobacco.

Drink plenty of water to flush

the nicotine from your body.

Use deep breathing and relax-

ation exercises to help you

through stressful times. Call a

friend when you need a pep

talk. Calculate how much

money you're saving and buy

The Great American

Smokeout on Nov. 20 is a great

time to quit tobacco and begin

to enjoy all the benefits of say-

For more information about

tobacco cessation, visit

www.apgea.army.mil/dhpw/Pop

http://chppm·

ulation/Tobacco.aspx.

ing "So long, Tobacco Road."

something fun.

Step Four: Take care of

read, or listen to the radio.

three weeks.

From front page

tobacco reduces blood flow to the muscles, therefore, increasing the risk for injuries and slowing the healing of muscle tears. This has a definite impact on fitness. Nicotine also lowers the level of testosterone in the blood and can lead to impotence for men. Tobacco reduces night vision, which can be a serious problem for soldiers in the field.

Anyone wanting to quit using tobacco, should ask a health-care provider to recommend a local tobacco-cessation

Most installations have these programs, and studies have shown that participation in a structured program significantly improves the chance for success. Kirk U.S. Army Health clinic provides tobacco cessation classes periodically throughout the year.

If unable to get into a program right away, use the following four simple steps to get

Step One: Pick a quit date. The Great American Smokeout is a great day to quit. Mark Nov. 20 on your calendar. Write a list of reasons you want to quit using tobacco and get yourself ready to break free from tobacco addiction.

Step Two: Establish your tobacco-free zone. Throw away all cigarettes, matches, and lighters, and chew. Clean and deodorize the house, car and clothing. Get rid of the ashtrays in your house and

## Ensuring car seat safety for children

Sierra Military Health Services, Inc.

Car seats and seat belts save lives. njury and death in vehicle notor crashes when their

estraints are used mproperly. As many as 90 percent of children restrained

ncorrectly or not estrained at all when riding in a motor vehicle. Fewer than 10 percent of children who need to be in a booster seat

Child restraint systems, like rear-facng child safety seats, convertible seats, and booster seats are not easy to select. install and use properly. The following child car-safety principles should be

• Children should face the rear of the Even so, children are placed at risk of vehicle until they weigh at least 20

H

and are at least

year old. • A rear-facing

car safety seat must never be

placed in the front passenger seat of any vehicle equipped with a

passenger-side front air bag. • A convertible safety seat, which is reclined and facing rear, should be used for a child until at least 1 year of age and

the child is at least 20 pounds. A convertible safety seat facing for-

ward in a semi-upright position should be used for older children up to 40 pounds, and used as long as the child is not too big for the seat. The child's ear should be below the top of the back of the seat and the child's shoulders should be below the seat straps slots.

 A booster seat should be used when the child has outgrown a convertible safety seat but is too small to fit properly in a vehicle safety belt (60 to 80 pounds).

It is necessary to properly secure the child in the seat and properly secure the seat in the vehicle.

(Editor's note: The information above was developed by the American Academy of Pediatrics and is presented by Sierra Military Health Services, Inc., the TRI-CARE Administrator for TRICARE

## One-year donor deferral implemented

Sgt. 1st Class Doug

The reason for the deferral is a form of the disease Leishmaniasis, which causes sores or lesions on the skin, and which in its most serious

symptoms appear - the deferral will prevent them from unknowingly donating blood."

not a physician but understands the disease, said there are two types of Leishmaniasis. The most common, but less serious, form is cutaneous Leishmaniasis, which causes lesions on the skin that may scab, she said. "All of the military cases so far have been

actually get the disease are body, such as the spleen and permanently deferred," she liver, and can lead to death.

"The issue with those who sonnel who have been infected tain parts of Europe between are exposed is that there is an with the disease are being 1980 and 1996. incubation period before any treated at Walter Reed Army

Service Blood Program office, ease undergo a three-week been deployed, and haven't the parasite that causes the dis- drug regimen that "will eliminate the disease and take care of the infection," she said.

> "I don't believe there is emphasized. "We had 22 cases the people we've had deployed in Afghanistan and Iraq and throughout the entire Central Command area. So it's a very small number, given the total number of people deployed."

But she did express concern about the disease's impact on the number of eligible military blood donors. The latest deferral is just one of many the military's blood program is now facing, she said.

Services Blood Program had to defer donors due to malaria risks around the world, and also people who might have been exposed to a variant of better known as "Mad Cow"

Medical Center, where doctors donors, we have to bring in have set up a special treatment more donors," Sylvester program just for the disease. said."We have to find donors According to the Armed People infected with the dis- who have not traveled, not

lived in Europe. It's imperative that we find donors who have those donors in."

Sylvester noted that the military has plenty of eligible donors to draw from, and she encouraged military and DoD personnel, as well as family members, to donate blood on a regular basis by scheduling appointments with local DOD donor centers. Where DOD does not have donor centers, she encourages donations to local civilian agencies.

http://www.dod.mil/news/Aug2 001/n08092001 200108094.html. http://chppmwww.apgea.army.mil /news/Leishmaniasis.asp, and

## **Cold** weather tips

Now is the ideal time to prepare homes for the cold nonths ahead. Performing a few quick and easy maintenance chores could save omeowners a lot of time and money later.

· Disconnect exterior noses on outside and turn off all outside faucets.

• Freezing water lines: When the outside temperaure is 32 degrees or below, eave inside faucets dripping Open cupboard doors to proride some heat.

• Clean or replace furnace ilters monthly. Check the hermostat to be sure it is vorking properly and the oilot light is functioning.

· Check the chimney. If he fireplace hasn't been used in a while, it's a good dea to have it checked for animals, debris and leaves. Consider installing a screen over the chimney opening.

• Clean gutters and ridge ents. When gutters are logged, rainwater backs up. f the temperature drops elow freezing, the standing water freezes causing the gutters to expand and crack. The ridge vents need to be leaned in order to allow the ouse to "breath" correctly. Otherwise, air will stagnate and create an unhealthy envi-

 Check the caulking round doors and windows. f the caulk is cracking and peeling away, it allows the home's heat to escape. In addition, insure that the loors and windows shut ightly and no cold air is

## November is Diabetes Awareness Month

Peggy L. Doty, R.N.

An estimated 17 million people in the United States have diabetes and as many as 5.9 million (or one-third) of these people are unaware that they have the disease.

Diabetes is a disease in which high levels of sugar (glucose) are in the blood because the body does not produce insulin or does not use the insulin in the right way.

Insulin is a hormone that is needed to convert needed for daily life. Genetics and environmental factors such as obesity and lack of exercise may contribute to the development of dia- 12.

physician will order specific blood tests, as well donor deferral implemented

as complete a medical history and a physical

There is not a cure for diabetes but there are things to do to live longer and stay healthy. Kirk U.S. Army Health Clinic offers education and initial care coordination for patients

who are diagnosed with diabetes. Diabetes Education Overview classes are also offered for all Tricare enrolled individuals with a recent or long-term diagnosis of diabetes. Parents or family members of a child sugar, starches, and other food into energy with diabetes and spouses are also welcome to

The next series of classes will begin on Nov.

For more information or to sign up, call In order to make a diagnosis of diabetes, a Preventive Medicine at 410-278-1964. One-year

## Commentary--Chaplain's corner

## How do I love thee



Chaplain (Capt.) Shawn E. **McGammon** 

Chaplain (Capt.) Shawn E. McGammon

When she was 15 years old, Elizabeth Barrett suffered a debilitating injury and became partially disabled. Forced to spend much of her time indoors, she read voraciously and grew to become a brilliant scholar and author. When poet Robert Browning wrote to express his admiration for her poems, she began exchanging letters with him. and married in 1846. Four Browning wrote one of the lain about it.

most exquisite and wellknown love poems in the English language. "Sonnet 43" begins: "How do I love thee? Let me count the ways. I love thee to the depth and

breadth and height My soul can reach..."

Psalm 116 is also an extraordinary expression of love addressed to God. "How do I love Thee, God?" the psalmist seems to ask. Several truths about God's

goodness and deliverance can The couple fell deeply in love be found in his answers. To seek them out, Read Psalm years later, Elizabeth Barrett 116, and talk with your chap-

Sample, USA American Forces Press Service

A parasitic disease being spread by sand flies in Iraq has see the military's blood supply deferral for military personnel been reported. serving in that country.

form can cause death.

"It's a cautious deferral; we're erring on the side of safety," said Lt. Col. Ruth Sylvester, director of the Program Office. "People who

Since 2002, military health officials have reported 22 look like a volcano with a cases of the disease, with the raised edge and center "crater" majority being reported this and may be covered with a

Services Blood

ease has been proven to survive in blood products stored under standard conditions for prompted officials who over- up to 25 days, and at least six cause for alarm," Sylvester cases of transfusion-transmitto implement a one-year donor ted cases of the disease have in the last two years with all

Sylvester, who said she is

cutaneous," she added. However, she said the more serious form of the disease visceral Leishmaniasis - can affect the internal organs of the

In recent years, the Armed Creutzfeldt-Jakob disease -Sylvester said military per- disease - or who lived in cer-

not deployed, and we're focusing our efforts on bringing

"In the DOD blood program, we only touch a very small percentage of the population that we draw from about 20 percent of the eligible donors," she said. "So there are plenty of donors out there. The challenge is to get them in the door and to get them to

# **Chapel offers treats not tricks**

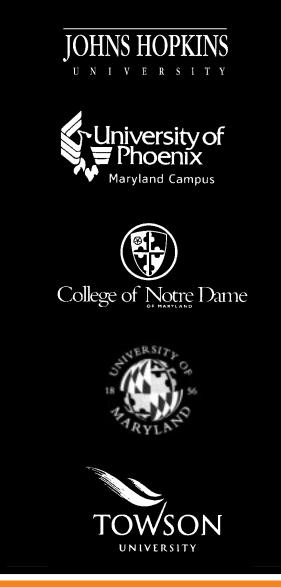






The Aberdeen Area Chapel's Protestant and gospel service gave area youths a trick-or-treat alternative to Halloween with games, food and fun, Oct. 31. Clockwise from left, Darrin Mack, 11, beams as King David; Suzanne Mejia, 2, makes a cute Minnie Mouse; Llandyn Armstead, 18 months, grins like Tigger the tiger; and Michai Johnson, 4, left, watches Karen Aaron, right, paint a picture on his hand.





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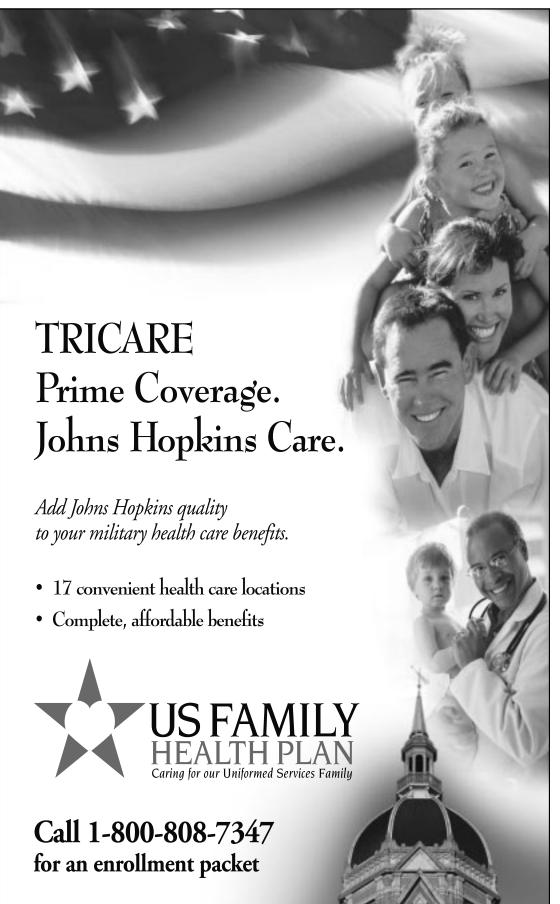
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MAINTENANCE. WAREHOUSE

# Actor gives APG employee early Halloween treat

Story and photo by **Yvonne Johnson** 

Last year, the APG News featured the Halloween antics of Janet Brown, a business process specialist and self-described "horror guru" with the Directorate of ing his wife who was deathly ill. Information Management, who is known for her love of the supernatural and the cess as an author up to then," he said, "but

This year, Brown celebrated an early Halloween at the Baltimore Museum of Art's Meyerhoff Auditorium, during the monthly First Free Thursday event, Oct. 2.

Brown attended the reading of the Edgar Allen Poe classic, "The Raven," by actor John Astin, who is best known for said. his role as Gomez Adams in the popular sitcom, "The Adams Family."

open to the public, attracted a large crowd ously on Astin's every word. for three 30-minute performances.

ing a striking resemblance to the dearly several minutes. departed Poe.

Brown said later that she gasped when she first saw him.

"He looked so much like Poe it was spooky," she said. In a solemn voice, Astin explained that

Poe wrote the poem in 1844 while lament-"Poe had enjoyed only minimal suc-

that all changed with the publication of "The Raven" in 1845. "Poe was suddenly welcomed with comment on his years as Gomez. open arms," Astin said.

The poem achieved such popularity that people considered replacing the eagle live with the character. with a raven as the national symbol," he

As he shared the famous poem, the hushed audience seemed to lean forward The engagement, which was free and as the story progressed, balanced precari-

With the conclusion, "...And my soul As the lights darkened and the curtains from out that shadow that lies floating on parted, there in a shadowy center stage the floor, Shall be lifted-nevermore!" the stood Astin, in full costume and wig, bear- audience burst into applause that lasted

Brown was able to spend a few minutes http://www.artbma.org.

with Astin backstage as he prepared for his next performance. He said that Poe's works are available in nearly every language and that there is never a lack of an audience for "The Raven."

"I've been doing the show about six years," Astin said. "I've done Poe in 85 cities in the U.S., Ireland, and Australia." He said that no matter where he goes, however, young fans as well as older fans

"They talk about Gomez all the time," Astin said, adding that he has learned to

"He will always be with me," he said. "He's sort of my window personality

Astin teaches drama at Johns Hopkins University and can be seen performing in future BMA events.

For information about the Baltimore Museum of Art's First Free Thursday events that include exhibits, plays, and entertainment, visit the Web site



Information Management, poses with actor John Astin, left, after his read ing of Edgar Allen Poe's "The Raven" at the Baltimore Museum of Art, Oct. 2.



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Janet Brown, right, a business process specialist with the Directorate of **ONE-WAY BALTIMORE/WASHINGTON** INTERNATIONAL (BWI) Fares do not include a federal excise tax of \$3 per takeoff and landing. Albany .....\$ 57 Albuquerque ......\$ 219 (Just an hour away from Santa Fe) Austin.....\$204 Boise.....\$229 Boston (See Manchester or Providence) Buffalo/Niagara Falls.....\$ 57 (25 miles to Niagara Falls) Chicago (Midway).....\$ 117 Cleveland.....\$ 71 Corpus Christi......\$209 Ft. Lauderdale.....\$146 (22 miles to downtown Miami) Harlingen/South Padre Island . . . . . . . . . \$ 210 Hartford/Springfield .....\$ 64 Indianapolis ......\$ 116 Las Vegas .....\$234 Long Island/Islip.....\$ 61 Los Angeles (LAX) . . . . . . . . . . . . . . . . . . \$ 231 Lubbock.....\$222 Manchester, NH.....\$ 61 (A better way to Boston) Miami (See Ft. Lauderdale) Norfolk (Southern Virginia).....\$ 57 Oakland ......\$234 (18 miles to downtown San Francisco) Oklahoma City ......\$189 Ontario.....\$234 (Easy access to Southern California) Phoenix ......\$234 Portland.....\$234 Raleigh-Durham (RDU) .....\$ 59 Sacramento.....\$234 Salt Lake City ......\$220 San Antonio.....\$ 214 San Diego ......\$234 San Jose ......\$234 (San Francisco South Bay Area) Seattle/Tacoma.....\$234 Spokane.....\$224 Tampa Bay.....\$ 122 Tulsa.....\$ 187 Offer applies to published, scheduled service only.